



Seed to Supper Post-Survey

Thank you for completing this survey! Seed to Supper is designed to help people learn how to grow a portion of their own food on a limited budget. Your answers to these questions will help us learn more about you and how this class helped you. The survey should take about 10 minutes.

- No one in this class will see your answers.
- Your name will not be shared with anyone.
- All questions are optional. You can skip a question if you do not want to answer it.
- You can stop taking the survey at any time.
- If you do not want to take the survey, you can still be part of the class.
- If you are under the age of 18, you cannot take the survey, but you can still be part of the class.

Name: _____ **Date:** _____

1. Do you eat more than one kind of vegetable each day?

- ☐ No ☐ Yes, sometimes ☐ Yes, often ☐ Yes, always

2. How often do you eat fresh fruits and vegetables? Please choose the answer closest to how often you eat these foods.

- ☐ 1 time per day ☐ 3 times per day ☐ 1 time per week ☐ 5 times per week

3. Identify how you agree with the following statements:

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
This course was a good way for me to learn the basics of vegetable gardening.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I now feel more confident about growing some of my own food.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I plan to grow some of my own food this season.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
This course has helped me connect with others in my community.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
This course has given me new gardening information and knowledge that I can put to use.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
Through taking this course, I have gained some hands-on gardening experience.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Through taking this course, I know how to access low-cost gardening resources in my community.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Through taking this course, I have increased the amount of time I spend being physically active.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I plan to share some of the information I learned in this class with others.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I would recommend this course to others.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

4. Did this course meet your expectations? Please explain.

5. What did you like most about this course?

6. What did you like least about this course?

7. What would you suggest changing to improve this course?