

# The School Health Assessment Project in Arizona



We surveyed, interviewed, and visited

over 200 school stakeholders in 15 counties

49% of survey respondents were already personally involved in school health activities

191 survey responses

32 interviews and focus groups

Over 33% represented rural areas

71% family & community involvement

48% healthier school meals

66% staff wellness programs

"What are the top 5 areas you would like to see improved?"

51% physical activity during school

65% nutrition education for students

75% of interviewees described a need for funding specific to their local context

Offer FLEXIBLE FUNDING that is easy to apply for and manage

How can the Arizona Department of Health Services (ADHS) support school health?

37% talked about funding PE teachers, wellness coordinators, and others.

FUND POSITIONS related to school health

Sponsor PROFESSIONAL DEVELOPMENT opportunities

30% sought state and local trainings and stipends to attend

COMMUNICATE state-level school health initiatives to schools

"We don't know what they can offer."  
-Interviewee

COLLABORATE REGULARLY with other state agencies

"Give whole child education much deeper [attention]."  
-Interviewee

Consider an INTEGRATED APPROACH to school health

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